

**EVERY TRACK EVERY WEEK**  
**WEEK 3: Leader Study Guide**

**Where Did All This Sin Come From?**

**-Welcome!**

**-Intro: Introduce yourself, Say THANK YOU for being here! Revisit last week's points**

**\*\*Point everyone to PODCAST! [Gospeldrivenathlete.com](http://Gospeldrivenathlete.com)**

**\*Encourage group participation** as necessary for a quality bible study.

**\*Exchange numbers** or invite attendees to join your ETEW Facebook group.

**INTRO:**

*Hi, and welcome to Every Track Every Week. My name is \_\_\_\_\_ and I am involved with Texas FCA Motocross through \_\_\_\_\_. I've been involved with FCA MX for \_\_\_\_ years and my favorite thing about the ministry is \_\_\_\_\_.*

*This week's discussion is based upon episode #79 of our podcast "The Gospel Driven Athlete", titled "Where Did All This Sin Come From?" This week we are looking into the fact that we all sin, we all mess up. But why? Why do we sin and what can we do about it? Thankfully, the Bible is very clear about this topic and today we see that nothing we do catches God off guard, He has had a plan from the beginning for each and every one of us.*

**-Ice Breaker Question:** *What is the hardest you've ever crashed?*

**-Question 1: What does God require of all people?**

**\*Answer:**

1) God says, through Moses, to all of His people in Deut 27:26 **'Cursed be anyone who does not confirm the words of this law by doing them.'** He says this after laying out the fullness of the law. So basically he is saying, if you don't fully uphold all of the law, you are cursed.

2) Sometimes people don't think this is fair... or maybe that saying God expects us to fully uphold the law is a misinterpretation. Matt22:36-40.

**"Teacher, which is the great commandment in the Law?" <sup>37</sup> And he said to him, "You shall love the Lord your God with all your heart and with all your soul and with all your mind. <sup>38</sup> This is the great and first commandment. <sup>39</sup> And a second is like it: You shall love your neighbor as yourself. <sup>40</sup> On these two commandments depend all the Law and the Prophets."** .... So there's some more... and that's directly from Jesus...



Good luck... Can't do it.

3) If that's not enough... Matt 5:48 says **"You must therefore be perfect as your heavenly Father is perfect."** ... Ok that helps make it clear.

4) So God REQUIRES us to be perfect. Not just try real hard. PERFECT.

**-Question 2: Ok. So, God's holiness requires perfect holiness, perfect obedience. That's pretty clear. Can we do that? Can we keep all these things He requires perfectly?**

**\*ANSWER:**

1) No. Even if we could keep our external actions in check, we cannot always have perfect thoughts, motives, or intentions. We all have a built-in selfishness. That alone (not taking into account the fact that we cannot fully keep from sinful actions) is enough to disqualify us from loving the Lord our God with ALL our hearts, ALL our soul, and with ALL of our mind.

**Question 3: So, God requires perfection. We can't be perfect... Did God create us unable to meet his requirements? If so, isn't it unjust to require of us something we cannot do?**

**\*ANSWER:**

1) No. God created man with the full ability to uphold His requirements. In the story of creation, we see God make man and woman **"after His own image and likeness"** (Gen 1:26) and afterwards say that it was **"very good,"** (Gen1:31).

2) Adam and Eve fully had the ability to uphold Gods law. As a matter of fact, the law He gave them at that time seemed pretty simple... God says in Gen2:16-17, **"And the Lord God commanded the man, saying, "You may surely eat of every tree of the garden, <sup>17</sup> but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat<sup>[d]</sup> of it you shall surely die."** So God starts with a blessing **"you may surely eat of every tree in the Garden"**... sounds pretty good! And then gives a command **"of the tree of the knowledge of good and evil you shall not eat"** That honestly doesn't seem that hard... just saying.

**-Question 4: So, if Adam and Eve were created with the ability to obey God perfectly, did they pull it off?**

**ANSWER:**

1) No. In [Gen.3:4](#) we read, **"And the serpent said unto the woman, You will not surely die"** and [Gen.3:6](#) **"So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate."**



2) So no. They blew it.

**-Question 5: How does this story of Adam and Eve affect us? What does their sin have to do with us?**

**Answer:**

- 1) Adam was what is known as our “representative head” or our “federal head”. He was the first man and as such, God determined that he represented all of mankind. What he did was slated to affect all of his offspring.
- 2) Rom 5:12 says, “**Therefore, just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned**”
- 3) Westminster Confession of Faith CH6.3 says, “*They being the root of all mankind, the guilt of this sin was imputed; and the same death in sin, and corrupted nature, conveyed to all their posterity descending from them by ordinary generation.*”
- 4) We are now born with Adams sin imputed (given) to us. Because of this, we are born sinners. We are not sinners because we sin. We sin because we are sinners. That seems like a small distinction, but it is huge.

**-Question 6: So, taking it back to the first few questions, if God requires perfection, and we are born in sin, and because of this cannot be perfect, what is our hope?**

**ANSWER:**

1) Our only hope is for someone to come as a representative head for us (similar to Adam) and fulfill this requirement of perfection in our place. Our only hope is for us to receive a righteousness that comes from outside of us. Historically, this is known as an “alien righteousness”... not alien like little green men alien... alien simply meaning something separate from us, something outside of us.

2) One really cool thing is that **immediately** after the Fall, God promises to redeem mankind. We read the account in Gen 3:14-21 <sup>14</sup> “**The Lord God**

**said to the serpent,**

**“Because you have done this,**

**cursed are you above all livestock**

**and above all beasts of the field;**

**on your belly you shall go,**

**and dust you shall eat**

**all the days of your life.**



<sup>15</sup> I will put enmity between you and the woman,  
and between your offspring<sup>[e]</sup> and her offspring;  
he shall bruise your head,  
and you shall bruise his heel.”

<sup>16</sup> To the woman he said,  
“I will surely multiply your pain in childbearing;  
in pain you shall bring forth children.  
Your desire shall be contrary to<sup>[f]</sup> your husband,  
but he shall rule over you.”

<sup>17</sup> And to Adam he said,  
“Because you have listened to the voice of your wife  
and have eaten of the tree  
of which I commanded you,  
‘You shall not eat of it,’

cursed is the ground because of you;  
in pain you shall eat of it all the days of your life;

<sup>18</sup> thorns and thistles it shall bring forth for you;  
and you shall eat the plants of the field.

<sup>19</sup> By the sweat of your face  
you shall eat bread,  
till you return to the ground,  
for out of it you were taken;  
for you are dust,  
and to dust you shall return.”

<sup>20</sup> The man called his wife's name Eve, because she was the mother of all  
living.<sup>[g]</sup><sup>21</sup> And the Lord God made for Adam and for his wife garments of  
skins and clothed them.

So, kind of a longer section but in Gen 3:15 we read, “I will put enmity  
between you and the woman, and between your offspring<sup>[e]</sup> and her  
offspring; he shall bruise your head, and you shall bruise his heel.”

This is what is known as the “protoevangelion” which means ‘*first gospel*’.

Then a little further on in chapter 3 v21, we see God’s kindness. While He  
is absolutely just for kicking Adam and Eve out of the garden and out of  
perfect fellowship with Him, because He is perfectly just (that is part of what  
makes up the attribute of God), He is also perfectly loving and gracious.

So, while Adam and Eve (like us) attempt to make themselves presentable  
to God by their efforts (through covering themselves with fig leaves), God  
takes and covers them in animal skins. Functionally, it doesn’t take a very  
smart person to realize that animal skins will serve as a much better, more  
durable, warmer covering for man, but what is even cooler is that this  
covering of man with a dead animal foreshadows the covering of our sin  
through the death of Christ. Just as God in His kindness takes the initiative



and provides for mans nakedness and shame through the animal skin, so He provides for our sin and shame through the covering of Christ.

3)Romans 5:15-21 Which comes directly after the description of Adam as our representative head says, “ But the free gift is not like the trespass. For if many died through one man's trespass, much more have the grace of God and the free gift by the grace of that one man Jesus Christ abounded for many. <sup>16</sup> And the free gift is not like the result of that one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brought justification.<sup>17</sup> For if, because of one man's trespass, death reigned through that one man, much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ. <sup>18</sup> Therefore, as one trespass<sup>[i]</sup> led to condemnation for all men, so one act of righteousness<sup>[g]</sup> leads to justification and life for all men. <sup>19</sup> For as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous. <sup>20</sup> Now the law came in to increase the trespass, but where sin increased, grace abounded all the more, <sup>21</sup> so that, as sin reigned in death, grace also might reign through righteousness leading to eternal life through Jesus Christ our Lord.”

4) So while the first Adam failed in his obedience, the second Adam (Jesus Christ) did not fail. And we receive this perfection simply by resting and trusting in Christ's accomplishment of this for us on our behalf. So similar to being born in sin through Adam, when we are born again (by trusting in His accomplished righteousness for us) we receive it and God counts it to us. So in Adam we die. In Christ we live. In Adam we are in sin. In Christ we are declared righteous. God sees us as He sees Christ, when we trust in Christ for our perfection.

**-Question 7: How should these facts inform our actions and our lives?  
ANSWER:**

- 1) The point of the story of the Fall is not to instruct us, “don't be like Adam and Eve,” the point is to show us that we cannot escape being like Adam and Eve and that we need a salvation that comes from outside of us. We get that by faith in the accomplished work of Jesus Christ.
- 2) This should encourage us to rest in Christ. To rest in His accomplished work. And to be grateful to God for Him saving us. That



gratitude should work out as love of God and love of neighbor.

**-Lets pray.**

