

EVERY TRACK EVERY WEEK

WEEK: 7 - Leader Study Guide

Easter- The Almost Funeral

-Welcome!

-Intro: Thanks for being here! Revisit last week's points

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**Exchange numbers or invite attendees to join your ETEW Facebook group.*

INTRO:

Hi, and welcome to Every Track Every Week. My name is _____ and I am involved with Texas FCA Motocross through _____. I've been involved with FCA MX for _____ years and my favorite thing about the ministry is _____.

This week's discussion is based upon episode #44 of our podcast "The Gospel Driven Athlete", titled "Easter- The Almost Funeral" This is one of the most essential pieces of our faith in Christ- His resurrection. We will look at exactly why it mattered that Christ did not stay dead, but instead was resurrected.

-Ice Breaker Question: In the spirit of Easter and the fact that on Easter in our culture we hunt Easter eggs... have you ever found something really cool or valuable?

Question 1: So, this coming Sunday we will celebrate Easter... What is Easter all about?

-Recap what Good Friday is (check out podcast episode #43).

-Good Friday is the day that Jesus was crucified.

-Good Friday would not be "good" if it were not followed up by Easter Sunday.

-The Easter story is the historical account of the resurrection of Jesus.

(Leaders Read) Matthew 28:1-10 *Now after the Sabbath, toward the dawn of the first day of the week, Mary Magdalene and the other Mary went to see the tomb. ² And behold, there was a great earthquake, for an angel of the Lord descended from heaven and came and rolled back the stone and sat on it. ³ His appearance was like lightning, and his clothing white as snow. ⁴ And for fear of him the guards trembled and became like dead men. ⁵ But the angel said to the women, "Do not be afraid, for I know that you seek Jesus who was crucified. ⁶ He is not here, for he has risen, as he said. Come, see the place where he lay. ⁷ Then go quickly and tell his disciples that he has risen from the dead, and behold, he is going before you to Galilee; there you will see him. See, I have told you." ⁸ So they departed quickly from the tomb with fear and great joy, and ran to tell his disciples. ⁹ And behold, Jesus met them and said, "Greetings!" And they came up and took hold of*



his feet and worshiped him.¹⁰ Then Jesus said to them, “Do not be afraid; go and tell my brothers to go to Galilee, and there they will see me.”

Question 2: Before we get too far into the implications of Jesus’ death and resurrection, let’s talk about Jesus’ life a little. What kind of life did Jesus live?

- His life was perfect. He lived like we were required to live (as laid out in The Law- which required us to, “...*be perfect, as your heavenly Father is perfect.*” **Matt. 5:48**)
- Passive Obedience (subjected Himself to the cross)
- Active Obedience (always kept the law fully)
- Like His death, His perfect life was a substitute for our imperfect life.

Question 3: Why is it significant that Jesus’ life was perfect? What does His perfection have to do with us?

-Jesus is the representative, the stand-in, the replacement for... those who trust in Him. This is known as the doctrine known as Federal headship: **(Leaders Read) Romans 5:17-19**
17 For if, because of one man's trespass, death reigned through that one man, much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ. 18 Therefore, as one trespass led to condemnation for all men, so one act of righteousness leads to justification and life for all men. 19 For as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

-Jesus, as the perfect spotless Lamb of God (John 1:29, 36, Revelation) who takes away the sin of the world, bore our sin on His back. He literally took our sins on Himself. Then, as our representative, He gave us His perfect righteousness. This is known as The Great Exchange. He takes our sin, and we get His righteousness.

Question 4: Why is it important that after He died for our sin and shame He did not stay dead?

A couple important things to note:

- 1) if Jesus’ life had not been perfect, His death would not have mattered.
- 2) If Jesus had not risen from the dead, His life and death would not have mattered. If He had not risen, then His life would have just been an example for us... not a substitution for ours.
- 3) the resurrection of His physical body points to the final resurrection of our physical bodies as well. We will rise as He rose. We often think and are taught that after we die, we will go to this obscure place called heaven and float around for eternity playing harps and such... but the fact that Jesus rose bodily tells us that we will one day raise bodily as well and that our physical bodies are important, they are valuable, and that God values the human body so much so that He would use the bodily form we are familiar with to resurrect Christ in. We will be as He is. **(leaders read) 1John 3:2** *“Beloved, we are God's children now, and what we will be has not yet appeared; but we know that when he appears^[a] we shall be like him, because we shall see him as he is.”* We will do so much more than “float around and play the harp all day. We will have physical bodies with work to do in the new heaven and new earth **(2 Peter 3:13, Revelation 21:1)**



Question 5: How should the Easter story inform our attitudes, actions, and lives?

It gives us hope and something to rest in. It is our defense before God that the blood of his son was shed so that we could be right and in relationship to Him. When we see God on judgment day, there will be no judgment for us. Only blessings on account of Christ's merits. We will be made like Him. We will walk with Him.

-Lets pray. We will meet right here next week! Same time!

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